anuary Breakfast Megu





Monday

Tuesday

Wednesday

Thusday

Friday

1 Happy, New Year

Milk 1%

Pancake on Stick

Fruit/Juice



Milk 1%

Omelet

Fruit/Juice

Milk 1%

Assorted Muffins

Fruit/Juice



- Milk 1%
 Sausage Biscuit
 Fruit/Juice
- Milk 1%Mini Maple WaffleFruit/Juice

- 10 Milk 1%

 French Toast

 Chocolate Chip

 Fruit/Juice
- Milk 1%
 Chicken Biscuit
 Fruit/Juice
- Milk 1%
 Breakfast Pizza
 Fruit/Juice

- 17 Milk 1%
 Ham Biscuit
 Fruit/Juice
- 18 Milk 1% Waffles Fruit/Juice
- 19 Milk 1%
 Sausage,Egg,Bagel
 Fruit/Juice

- Milk 1%
 Breakfast Sandwich
 Fruit/Juice
- Milk 1%

 Mini Cinnamon Rolls

 Fruit/Juice
- 5 Milk 1%
 Pancake Coated
 Sausage Bites
 Fruit/Juice
- Milk 1%
 French Toast Berry
 Fruit/Juice

22 Milk 1%
Pop-tart/String
Cheese
Fruit/Juice

ell

- Milk 1%
 Waffle Sticks
 Fruit/Juice

 30 Milk 1%
 Pancakes
 Fruit/Juice
 - 1%
 Akes
 Juice

 31
 Apple 5
 Fr

Rolls Sausag

31 Milk 1%
Apple Strudel Stick
Fruit/Juice

VERSUS SERVE WITH 3
COMPONENTS AVAILABLE
EACH DAY WHICH INCLUDES
A CHOICE OF FRUIT OF THE
DAY OR JUICE AND 1% MILK
(WHITE OR CHOCOLATE)

ALL SBP MEALS ARE OFFER



ALL NSLP MEALS ARE OFFER
VERSUS SERVE WITH 5
COMPONENTS AVAILABLE
EACH DAY WHICH INCLUDES A
CHOICE OF FRUIT OF THE DAY
OR JUICE AND 1% MILK (WHITE
OR CHOCOLATE)





THIS INSTITUTION IS AN EQUAL OPPORTUNITY
PROVIDER



andary Lunch Menu



Tuesday

Wednesday

Thusday Friday



Pizza or BBQ Chicken Sandwich Corn

Salad

Chicken Tenders Tater Tots Cheese Broccoli

Chicken Alfredo or Cheesy sticks Green Beans

Caesar Salad

Steamed Broccoli

Lasagna or Cheesy Sticks Glazed Carrots

French Fries

Hotdog or Corndog Potato Wedges **Glazed Carrots**

Soft Chicken Tacos or Chicken Quesadilla Black Beans Fiesta Salad

Nachos

(Chicken or Beef)

Refried Beans

Fiesta Salad

Crispitos w/Cheese or

Beef Taco

Chips & Salsa

Fiesta Salad

23

Sausage or Chicken **Biscuit** Hashbrowns Potatoes **Cheese Grits**

Chicken & Waffles or Loaded Grits Sweet Potatoes 17 Sliced Tomatoes

Hot wings or Chicken Loaded Hashbrowns (Sausage or Chicken)

Fingers Tater Tots 25 Glazed Carrots Cheeseburger or

Pizza or Buffalo Chicken Dip w/Chips Sweet Potato Fries

Pizza Crunchers or Chicken Wings Tater Tots Salad

Pizza or Grilled Cheese & Bacon Sandwich 26 Cheesy Broccoli

Chicken Filet Sandwich or Fish Filet Sandwich

Sweet Potatoes Green Peas

Sweet & Sour Meatballs or Chicken Fingers Tossed Salad Potato Wedges

Taco Soup or Grilled Cheese Side Salad Green Beans 30

Beef Tips w/gravy or Chicken w/gravy Steamed Rice Colllard Greens Black eye Peas

Diced Tomatoes

24



MONTH

ALL SBP MEALS ARE OFFER

VERSUS SERVE WITH 3

COMPONENTS AVAILABLE

EACH DAY WHICH INCLUDES

A CHOICE OF FRUIT OF THE

DAY OR JUICE AND 1% MILK

[WHITE OR CHOCOLATE]

I HAVE A

DREAM

**

ALL NSLP MEALS ARE OFFER

VERSUS SERVE WITH 5

COMPONENTS AVAILABLE

EACH DAY WHICH INCLUDES A

CHOICE OF FRUIT OF THE DAY

OR JUICE AND 1% MILK (WHITE

OR CHOCOLATE)



